

# THE TRIBUTARY

OCTOBER 2023



# IMPORTANT NUMBERS

# HOA CORNER

## YOUR NEIGHBORHOOD

**Cross Creek Ranch Welcome Center**  
(281) 344-9882

**Cross Creek Ranch Fitness Center**  
(281) 344-0078

**CCR App/Website:**  
[www.mycranch.com](http://www.mycranch.com)

**Fulshear/Simonton Branch Library**  
(287) 346-1432

## Homeowners Association

**C.I.A. Services, Inc.**  
(713) 981-9000

**CCRCA Management Team**  
(713) 344-0532

[customercare@ciaservices.com](mailto:customercare@ciaservices.com)

- Kristen R. Craig, CMCA, AMS, PCAM – General Community Manager
- Deniece Reyes, CMCA, AMS – Senior Community Manager

## Cross Creek Ranch Lifestyle Director

Alyssa Brewer - (281) 341-8429  
[lifestyledirector@crosscreektexas.com](mailto:lifestyledirector@crosscreektexas.com)

## SERVICE PROVIDERS

**Trash/Water - City of Fulshear**  
(281) 346-1796

**Water - Inframark LLC**  
(281) 398-8211

**Cable/Internet - AT&T U-Verse**  
[att.com/u-verse](http://att.com/u-verse)  
AT&T Call Center (877) 910 0501

**City of Fulshear**  
(281) 346-1796

[www.fulsheartexas.gov](http://www.fulsheartexas.gov)

**Fulshear-Katy Area Chamber of Commerce**  
(832) 600-3221

**Fulshear Post Office**  
(281) 533-9146

**Fort Bend County Sheriff**  
(281) 341-4665

**Fulshear Police Department**  
Non-Emergency: (281) 346-2202

**Fulshear Fire Department**  
(281) 346-2800

**Animal Control**  
(281) 342-1512

**Emergency**  
911

## *Embracing Fall:* COMMUNITY CELEBRATIONS AND SEASONAL PREPAREDNESS



As we watch the leaves begin their natural transformation and eagerly wait for the arrival of that refreshing, crisp breeze, our community is full of excitement for a fun-filled October. This month presents us with many opportunities to come together, celebrate the essence of autumn, and get ready for the upcoming holiday season. We hope you are as excited as we are and will join us in all of the captivating events we have for you to maximize this vibrant time of year.

Once again, the Trail of Treats Halloween Event is set to grace our calendar, promising an experience beyond compare. Keep an eye on upcoming communications from our Lifestyle Director, Alyssa Brewer, for more details. Oh! And don't forget about our annual community-wide garage sale on the horizon—this is the perfect opportunity for residents to declutter their homes while fostering connections with their fellow neighbors.

As the Halloween festivities approach, we extend a handful of recommendations for enchanting trick-or-treating adventures. Consider embellishing costumes with reflective tape, using flashlights for added visibility, and exercising caution by inspecting candies prior to indulgence.

And finally, with open arms, let us embrace the vibrant tapestry of autumn hues and the delighted spirit that accompanies it. Collectively, let's come together as a community to celebrate, prepare, and support one another. From fall festivities to holiday planning, October is the perfect time to make lasting memories and strengthen the bonds that make our community truly special.

Happy Holidays,  
Your CCRCA Management Team

# Get Connected to YOUR COMMUNITY

## THREE WAYS TO STAY IN-THE-KNOW

- 1 Monthly Newsletter
- 2 Email Updates
- 3 MyCrossCreekApp.com



Download the official  
community app for access  
to amenities & more!

*Scan me to  
download the app!*



**MyCrossCreekApp.com**

.....

*Questions?*

**Contact C.I.A. SERVICES: 713-344-0532**  
**customer@ciaservices.com | www.CIAServices.com**

To receive the mailed newsletter or emails, please contact  
Alyssa Brewer, at LifestyleDirector@CrossCreekTexas.com



**CROSS CREEK  
RANCH**



**CROSS CREEK  
WEST**



— LET'S TALK ABOUT —

# #Naturehood

An educational series sharing the nature and wildlife around Cross Creek presented by your resident peers.

## *From Drought to Renewal:* ..... EMBRACING FALL IN CROSS CREEK RANCH .....



*Ruby-throated Hummingbird feeding on native Turk's Cap flowers.*

It is with great relief that we welcome Fall back to Southeast Texas, with the associated return to double digit temperatures. As the season changes, our scorched vegetation will hopefully get a chance for renewal. During these months, our skies are full of millions of birds migrating overhead, while our resident wildlife adapts to the changing of seasons. Finally, the slipping temperatures means that time spent out of doors becomes a much more enjoyable option around the neighborhood.

The summer drought was not without some losses, as our lawns baked and even some young trees struggled under the stress. Notably, some parts of the landscape carried on, seemingly unaffected, possibly even thriving. In my own yard, this included the American holly, cenizo, and dwarf yaupon. What do these have in common? They are native to Texas and thus adapted to the harsh temperatures and unpredictable rainfall. Has your yard suffered some losses? Consider replacements from among the native species to save yourself some worry (and water!) next summer. As an added bonus, native Texas

plants support our wild migratory birds. A recent example is the migration of Hummingbirds feeding on nectar of native Turk's Cap and bat-face cuphea flowers.

In CCR, we say farewell to Green Herons, Scissor-tailed Flycatchers, and Eastern Kingbirds. They arrived in Spring, built nests and raised their young in our community. We look forward to arrival of Fall migrants like Ducks (Teals, Northern Shovelers), Belted Kingfisher, Goldfinches, Ruby-crowned Kinglets, and Cedar Waxwings.

Our region is situated in the middle of a major bird flyway that stretches from the northern latitudes to Central and South America. Our region holds a special place in this journey, as it's often the last stop before many species fly clear across the Gulf of Mexico. Long-distance migrants start moving through as early as July and as late as November. The biggest crowds of birds move overnight when favorable winds give them an extra boost south in September and October. Believe it or not, you can watch their journey unfold as weather radars pick up moving flocks. To see how crowded our nighttime skies are, check out <https://birdcast.info/>.

As we revel in the transition to Fall, let us not only appreciate the resiliency of our native vegetation but also take this opportunity to embrace sustainable landscaping practices that benefit both our local ecosystems and our own well-being. In the intricate dance of nature, we find inspiration, wonder, and the promise of a brighter, greener future for the naturehood.

Written by: Amber Leung

Photography by: Raymond Choo



*Scissor-tailed Flycatchers in courtship at Polishing Pond*



# OCTOBER *events*

*October 13*

## Community Blood Drive

Gulf Coast Regional Center will be set up in the Community Room from 12:00 PM – 6:00 PM on October 13th, ready to accept your generous donation and hand out free juice and cookies afterward. RSVP today - every donation can save as many as three lives!

*October 19-23*

## Family Holiday Photos

Say cheese! While the holiday season may not be upon us just yet, the time has come to capture those precious holiday memories. Stephanie Cheney Photography is returning to our community for FIVE special days this month, dedicated to crafting stunning portraits of you and your loved ones.

*October 26*

## New Residential Social

Welcome to the #Naturehood! Join us on Thursday, January 26th, for an exciting social to meet the Lifestyle and Fitness Directors, learn about fun resident events, meet your Community Association representatives, hear development updates, and learn more about the Cross Creek Ranch Community Association and our Resident App!

*October 14*

## Fall Community Garage Sale

Get ready to experience the vibrant spirit of our community as we come together for a fantastic fall garage sale on Saturday, October 14; it's a perfect opportunity to unearth hidden gems, mingle with fellow residents, and soak in some (hopefully) cooler weather!

*October 21*

## Howdy Halloween

Grab your cowboy boots and mosey down to Cross Creek West where our trails lead to treats Oct. 21. We're saddling up for a Western-style trail of treats featuring a food truck, inflatables, photo opportunities, and more. Costumes are encouraged for cowpokes of all ages. Y'all be sure to visit!





# HOWDY HALLOWEEN



OCTOBER  
**21**  
3-6 PM

Grab your cowboy boots and mosey down to Cross Creek West where our trails lead to treats Oct. 21. We're saddling up for a Western-style trail of treats featuring a food truck, inflatables, photo opportunities and more. Builders will be handing out candy to young buckaroos at their model homes. Costumes are encouraged for cowpokes of all ages (Western wear not required). Y'all be sure to visit!

Model Home Park: 4803 Garden Crest Lane, Fulshear TX 77441



  
CROSS CREEK  
RANCH

  
CROSS CREEK  
WEST



Johnson  
DEVELOPMENT CORP.

[CrossCreekWestTX.com](http://CrossCreekWestTX.com)





# Understanding Nutrition Labels

## Nutrition Facts

Serving Size 1 cup (228g)  
Servings Per Container about 2

### Amount Per Serving

**Calories** 250      **Calories from Fat** 110

### % Daily Value\*

**Total Fat** 12g      **18%**  
Saturated Fat 3g      **15%**  
Trans Fat 3g

**Cholesterol** 30mg      **10%**

**Sodium** 470mg      **20%**

**Total Carbohydrate** 31g      **10%**

Dietary Fiber 0g      **0%**

Sugars 5g

**Proteins** 5g

Vitamin A      4%

Vitamin C      2%

Calcium      20%

Iron      4%

\* Percent Daily Values are based on a 2,000 calorie diet.  
Your Daily Values may be higher or lower depending on  
your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

For educational purposes only. This label does not meet the labeling requirements described in 21 CFR 101.9.

Understanding how to read nutrition labels is essential for making positive food choices, managing dietary preferences and ensuring that our food intake aligns with our health goals. Let's break down how to understand these labels and key factors to look for when choosing food options.

## SERVING SIZE

Look here for the serving size (the amount people typically eat at one time) and the number of servings in the package. Take note of your portion sizes and how much you are actually eating. If the serving size is one cup and you eat 2 cups, you are getting twice the calories, nutrients, and % daily value.

## CALORIES

Calories provide a measure of how much energy you get from a serving of that food. To achieve or maintain a healthy body weight, balance the number of calories you eat and drink with the number of calories you have calculated according to your daily goals. Every individual's needs will vary.

## NUTRIENTS

This shows you key nutrients that impact your health. Look for foods that are high in the nutrients you need and low in the nutrients you want to limit. Pay attention to your macronutrients in this section: Aim for foods high in protein, moderate in carbs, and low in fats. Limit - Saturated Fat, Sodium, Added Sugars, Cholesterol and Trans Fat. Prioritize - Dietary Fiber, Protein, Vitamins and Minerals

## PERCENT DAILY VALUE

Percent Daily Value is for the entire day, not just one meal or snack. This number is the average level of nutrients based on a person who eats 2000 calories a day (this is the average set by the RDA, your needs may vary). Low is 5% or less - Aim low in Saturated Fat, Trans Fat, Cholesterol and Sodium. High is 20% or more - Aim high in Vitamins, Minerals, and Dietary Fiber.

Looking for more guidance with your nutrition goals?

Email [Fitness@CrossCreekTexas.com](mailto:Fitness@CrossCreekTexas.com) to schedule a consultation with a nutritionist.

Make sure to check out our Facebook and Instagram pages for the most up to date information, tips and advice from your Cross Creek Ranch Fitness Center team.

INSTAGRAM: @CCFITNESSCENTER | FACEBOOK: [FACEBOOK.COM/CROSSCREEKFITNESSCENTER](https://www.facebook.com/crosscreekfitnesscenter)

For information about current or future upcoming programs, call us at 281-344-0078 or email [kylee@risherco.com](mailto:kylee@risherco.com)



CROSS CREEK  
RANCH

# FITNESS CENTER

## *Group Classes*

### **BODY BOOST**

WEDNESDAY & FRIDAY • 9:00am

### **BOOT CAMP**

TUESDAY & THURSDAY • 5:15am  
MONDAY & WEDNESDAY • 6:15pm

### **CORE ESSENTIALS**

TUESDAY • 6:15pm

### **HIIT**

TUESDAY • 11:00am

### **MOVEMENT & MOBILITY**

THURSDAY • 11:00am

### **SCULPT AND TONE**

THURSDAY • 6:00pm

### **YOGA**

TUESDAY • 7:00pm  
FRIDAY • 9:45am

### **ZUMBA**

MONDAY • 9:00am  
THURSDAY • 7:00pm



*Follow us* **FOR MORE UPDATES,  
VIRTUAL CLASSES, AND WORKOUTS**



@CROSSCREEKFITNESSCENTER



@CCFITNESSCENTER

\*Residents/Staff inside the weight room are NOT permitted to grant access. Please check with the Fitness Center regularly for updates. 1/23

6440 Cross Creek Bend Lane, Fulshear, TX 77441 • 281-344-0078





CROSS CREEK  
RANCH

# FITNESS CENTER

## Hours



### Ages 18+ ONLY

Valid Key Fob or Mobile Credential  
required for Fitness Center access.\*

#### MONDAY-THURSDAY

4am - 10pm

#### FRIDAY

4am - 9pm

#### SATURDAY

4am - 7pm

#### SUNDAY

4am - 7pm

### Ages 13-17

Valid Key Fob or Mobile Credential  
required for Fitness Center access.\*

#### MONDAY-THURSDAY

5am - 10pm

#### FRIDAY

5am - 9pm

#### SATURDAY

8am - 7pm

#### SUNDAY

11am - 7pm

\* Temporary Access Holders permitted during 13- 17 Access Hours

\*\* Residents/Staff inside the weight room are NOT permitted to grant access.

\*\*\* Applications complete and fobs/mobile credential in transit. 1/23

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RANCH**  
**6450 CROSS CREEK BEND LN.  
Fulshear, Texas 77441**

*For more information call:* **713-299-6222**





CROSS CREEK RANCH



CROSS CREEK WEST

# HOW TO ACCESS *Amenities*

The new Cross Creek Ranch Amenity Access and Gate Entry System is live now!  
This will allow you to access amenities with your smartphone or key fob.

Your mobile credential app is not linked to the My Cross Creek App, but through an app called "Conekt".



## Step 1: REQUEST ACCESS ONLINE

Once you complete the Amenity Access form online, (either through CIA Services website or the CCR app) you will receive an email confirmation that your request has been received. A separate email will be sent with your amenity access information with instructions on how to proceed. **TIP: Check your spam folder for the email.**

Or visit [www.CIAServices.com](http://www.CIAServices.com)

Find My Community // Cross Creek Ranch // Ask, Request, Submit // Request a Device

**NOTE:** While you await your confirmation for amenity access, make sure to request your Resident Login on the CCR app. It can be found in the app store or Google Play Store. You can also access the web version of the app by visiting [www.MyCCRanch.com](http://www.MyCCRanch.com).

Scan Me!



CONEKT

## Step 2: GET THE APP

*(Skip this step if you requested only a key fob)*

When you receive your amenity access information email you will use your 16 digit code or QR code within the attachment to upload your mobile credential to the CONEKT app.

**Note:** once you upload your mobile credential, your mobile device is active! If you did not request a mobile credential, you are not required to download this app. If you requested a key fob please allow time for the postal service to deliver your device.

Scan Me!



## Step 3: ACCESS YOUR AMENITIES

You will be able to use your smartphone (once you have downloaded and connected your credentials to the CONEKT app) or key fob to scan in with the device reader.

**Questions? Contact C.I.A. Services**

CustomerCare@CiaServices.com · 713-344-0532 · CiaServices.com

..... IN THE .....  
*Community*



If you have any questions regarding the community events, please do not hesitate to contact me via phone or email. I am here to answer all your questions!

*Alyssa Brewer*

[lifestyledirector@crosscreektexas.com](mailto:lifestyledirector@crosscreektexas.com)  
(281)341-8429





# UPCOMING *events*

## *October*

Community Blood Drive  
Friday, October 13th

Fall Community Garage Sale  
Saturday, October 14th

Family Holiday Photos  
October 19th - 23rd

Howdy Halloween  
Saturday, October 21st

New Resident Social  
Thursday, October 26th

## *December*

Give Back, Build Hope  
November 1st - December 31st

Children's Christmas Event  
Friday, December 1st

Community Blood Drive  
Friday, December 8th

Laughing Through the Snow - 18+  
Saturday, December 9th

Wrap & Yap  
Thursday, December 14th

## *November*

Give Back, Build Hope  
November 1st - December 31st

Nutcracker Market Trip  
Thursday, November 9th

Community Blood Drive  
Friday, November 10th

Gumbo Cookoff  
Saturday, November 11th

Holiday Tree Lighting  
Saturday, November 25th



\*Open to the Public

For more details, visit us on the My CCR app or at [www.MyCCRanch.com](http://www.MyCCRanch.com)

Dates and times subject to change. Please check the app for the most up to date information.

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4207 ANA RIDGE LN | FULSHEAR, TX



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*ju*  
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I love being here to help in a community where people are making a difference every day. Thank you for all you do.



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Terms and Conditions: This promotion is only open to residents of the contiguous United States (excluding Alaska, Hawaii, Puerto Rico and U.S. territories) and Canada. The only Generac Generators that qualify for this special promotion are air-cooled home standby generators 10kW - 20kW. For a complete list of qualifying model numbers, please visit www.Generac.com/National. Purchases must be made August 28, 2023 through October 8, 2023. Void where prohibited, based on restrictions by law. To qualify for this promotion, the Generac automatic home standby generator must be (1) a qualifying air-cooled home standby generator, (2) purchased within the promotion period and (3) installed and activated by December 31, 2023. The promotional offer is a free 10-year extended limited warranty - a \$1,035 US-\$1,035 CAN value. Limit one per household. Warranty will be applied to generator at activation address, and will only be applied after the unit has been activated. Non-qualified products are excluded from this promotion. Promotional redemptions must be electronically completed by 11:59 p.m. PST on December 31, 2023 via www.Generac.com/National. All redemptions are subject to Generac's final review and approval. If a redemption is incomplete or fails to meet any of the terms and conditions, the promotional items will not be issued. Proof of purchase showing the qualifying purchase/brand purchase date must be submitted to receive this offer. Generac recommends customers keep a copy of the requested forms for their records. All submitted proofs of purchase become the property of Generac and will not be returned. Generac is not responsible for lost, late, or incomplete redemptive forms. Please allow six to eight weeks for processing and an additional four to eight weeks to receive your free 10-year extended warranty certificate. This offer is not valid with any other Generac sponsored promotion. Generac reserves the right to rescind and/or change this offer at any time without notice. Additional terms and conditions may apply. For questions related to eligibility and the status of your promotional items please visit www.Generac.com/National or call 1-800-368-3162 to speak with a Generac representative.

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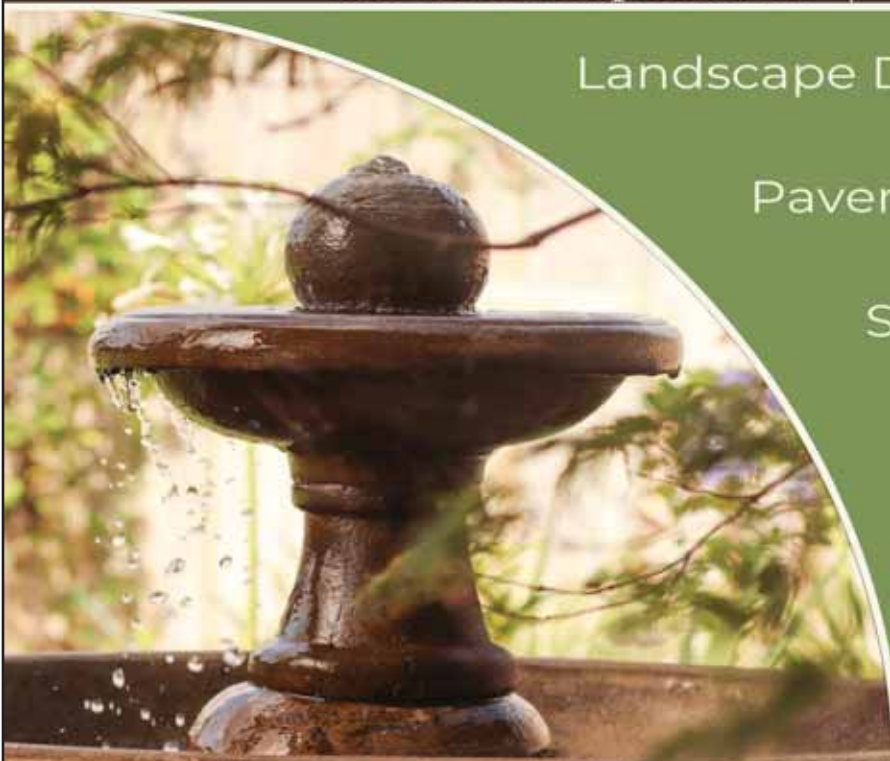
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Apart from receiving eblasts, the community app is a great source of community information, HOA forms, contacting your committees, community event photos and MORE!!