



CROSS CREEK
RANCH

FITNESS CENTER

Group Classes

BODY BOOST

WEDNESDAY & FRIDAY • 9:00am

BOOT CAMP

TUESDAY & THURSDAY • 5:15am
MONDAY & WEDNESDAY • 6:15pm

CORE ESSENTIALS

TUESDAY • 6:15pm

HIIT

TUESDAY • 11:00am

MOVEMENT & MOBILITY

THURSDAY • 11:00am

SCULPT AND TONE

THURSDAY • 6:00pm

YOGA

TUESDAY • 7:00pm
FRIDAY • 9:45am

ZUMBA

MONDAY • 9:00am
THURSDAY • 7:00pm



Follow us FOR MORE UPDATES,
VIRTUAL CLASSES, AND WORKOUTS



@CROSSCREEKRANCHFITNESS



@CCRFITNESSCENTER

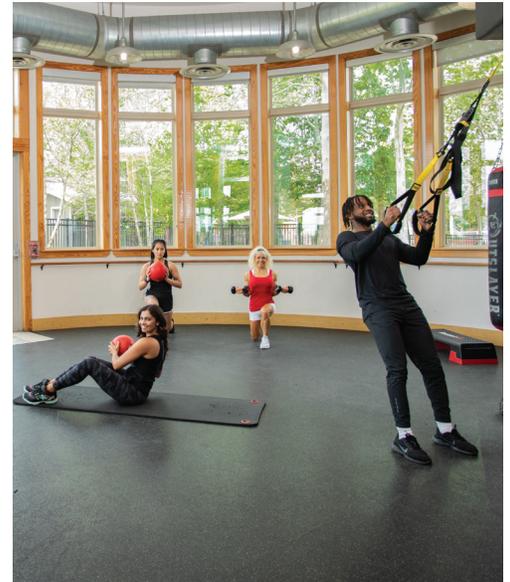
*Residents/Staff inside the weight room are NOT permitted to grant access. Please check with the Fitness Center regularly for updates. 1/23

6440 Cross Creek Bend Lane, Fulshear, TX 77441 • 281-344-0078



CROSS CREEK
RANCH

FITNESS CENTER *Hours*



Ages 18+ ONLY

Valid Key Fob or Mobile Credential
required for Fitness Center access.*

MONDAY-THURSDAY

4am - 10pm

FRIDAY

4am - 9pm

SATURDAY

4am - 7pm

SUNDAY

4am - 7pm

Ages 13-17

Valid Key Fob or Mobile Credential
required for Fitness Center access.*

MONDAY-THURSDAY

5am - 10pm

FRIDAY

5am - 9pm

SATURDAY

8am - 7pm

SUNDAY

11am - 7pm

* Temporary Access Holders permitted during 13-17 Access Hours

** Residents/Staff inside the weight room are NOT permitted to grant access.

*** Applications complete and fobs/mobile credential in transit. 1/23

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